

Vol 7 — Issue 01



May 2016

# Turtle Club Diamond Dust

## Contact Us

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Visit us on the web at

[www.turtleclubbaseball.com](http://www.turtleclubbaseball.com)

## Message from the President

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What is wrong with youth sports? Is it the parents?

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Laser It! Salon & Medical Spa joins forces with TC!!

## Our GREAT Sponsor—WFCU

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Laser It! Salon & Medical Spa joins forces with TC!!

## Calendars—Annual & Playing Nights

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A look at our year on a page as well as a high level look at what nights are allocated what diamonds.

## Baseball and Softball Tips

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Check out our handy baseball and Softball tips!

## Fun From Crush!

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Merry Christmas kids!! Help me color Frosty!

### Special points of interest:

- Visit our website at [www.turtleclubbaseball.com](http://www.turtleclubbaseball.com)
- Watch our website for all the latest and greatest news on events and happenings at your Turtle Club!.

# Message From The President

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Welcome to 2016! From myself, Aaron Anson, and on behalf of all the Turtle Club Board of Directors, welcome to what will surely be another great year of baseball and softball at Turtle Club.

For 58 years now, Turtle Club's mission has been to provide a program dedicated to the task of developing good citizens by providing both house league as well as competitive baseball and softball programs for boys and girls under good leadership and in the wholesome atmosphere of community participation. We have had great success in doing so and I feel we are positioned for another 50 great years.

There have been many changes in the past year at TC as we strive to continuously improve. We are pleased to have offered for the first time Online Registration. Next season we will be offering the addition of online payment for registration, tournaments, donations etc. We continued the Coach the Coaches Clinics this past Winter to help educate our coaches and well as offering the required certifications for our travel coaches.

We are an organization that is entirely run by volunteers and we can easily say the largest baseball/softball organization in the county. We are growing and that is due to the excellent work our volunteers have done and continue to do. Thanks to everyone involved.

Thanks to our sponsors who make it possible for TC to run as smoothly as it does. I'd like to personally thank a few of our top sponsors, Tim Horton's, WFCU and Reaume Chevrolet Buick GMC, as they have each been a large part of TC in the past and current year. To all of our other loyal and important sponsors, thanks again for your generosity; every sponsorship is appreciated.

I am very proud to be a part of this organization and I hope that you will be to. Go out there and enjoy the community that we have all helped to create.

*Aaron Anson*

President, Turtle Club

# Opening Day

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**Opening Day is April 30th, 2016**

**Players and coaches are expected to meet behind the TD Bank on Front Rd. at 9:30am.** Please come dressed in your uniforms. Managers and coaches are expected to walk with their teams and parents are asked to walk on the sidewalk. The walkathon pledge sheet can be downloaded at the link below  
[http://turtleclubbaseball.com/Public/Documents/2016\\_Walkathon\\_Pledge\\_Sheet.pdf](http://turtleclubbaseball.com/Public/Documents/2016_Walkathon_Pledge_Sheet.pdf)

Managers are expected to collect all the walkathon sheets and money from all players that morning and hand in to your division directors or another board member. Results will be calculated that day and the awards presented during the Opening ceremonies.

**The parade/ walkathon starts at 10am** and will travel north on Front Rd. to Reaume and then east on Reaume to TC Park. Players will gather on Diamond #1 for the Opening Ceremonies and some award presentations.

Opening ceremonies will start at 11am.

Following the opening ceremonies all players will be given a snack provided by TC.

## **Special Activities following the Ceremonies**

1. Nantais Sports will have an inflatable **Batting Cage** and have bats available for all to try out.
2. TC will have the inflatable **Radar Tunnel** provided by Reaume Chevrolet; there is a small cost for this as it is a fundraiser.
3. The **LaSalle Athletics Novice Travel** team will have a couple of exhibition games starting on Diamond #4 at 12pm.
4. TC House League **Select Team Tryouts** will begin at 1pm;  
Diamond #2 - Rookie BB  
Diamond #7 - PeeWee/ Bantam BB
5. **TC Concession** will be open for all your food and beverage needs. We are expecting to have a new *Ice Cream Machine* adding to our already generous menu. And, we are hoping to offer a debit machine at the concession this season for your convenience.

## Thank you to a GREAT Sponsor



WFCU has been a strong supporter of Turtle Club for many years now and we greatly value and appreciate their generosity and support. 2016 is no

different as WFCU continues to be one of our top sponsors. Please support them as they have supported this organization allowing us to complete special projects and keep our cost to you our members in check.

WFCU Credit Union has long been recognized as one of the leading, progressive financial organizations in the City of Windsor and Essex County. Serving Windsor and surrounding communities for 75 years, WFCU Credit Union began in 1941 with assets of less than \$10,000 and now has \$2.4 Billion in Managed Assets and Member Service Totals of \$3.5 Billion. WFCU Credit Union is the sixth largest credit union in Ontario operating nine retail locations and serving 36,200 members including 32,500 Personal members in 16,600 households, 2,200 Businesses and 1,500 Organizations. WFCU Credit Union membership is open to anyone who lives and/or works in Ontario.

The advertisement features a woman in a red swimsuit and sunglasses holding a surfboard against a blue background. The text 'THE CHOICE REWARDS®' is at the top with two stars. Below it, 'LIVE IT UP! CONTEST' is written in large, bold, white letters. At the bottom left, it says 'You could WIN<sup>1</sup> a prize worth \$6,000 when approved for an eligible MasterCard® credit card or GLOBAL PAYMENT card.' At the bottom right, it says 'Contest ends May 31, 2016.' and 'LEARN MORE' in a yellow box.

At WFCU Credit Union, we've built our business by taking care of our members. WFCU Credit Union prides itself on developing innovative products that are designed with the needs of our members in mind. Our business and community decisions are based on providing you with the best and broadest range of services that are

conveniently accessible.

Over the years, WFCU Credit Union has been extremely successful in building a solid foundation that ensures we achieve continued growth. With this in mind, WFCU Credit Union is able to focus on the key element of our success – our members.

As a member of WFCU Credit Union, you can be proud to bank with a local institution that continually invests in the community where our members and employees live and work.

# 2016 Season at a Glance

Here is the 2016 season at a quick glance.

## May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Mother's Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

## July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5



# 2016 Playing Nights

	Time	Diamond 1	Diamond 2	Diamond 3	Diamond 4	Diamond 5	Diamond 6	Diamond 7
Diamond Features		grass infield ____ ft. fence ____ ft. bases	grass infield ____ ft. fence ____ ft. bases	skinned infield ____ ft. fence ____ ft. bases	skinned infield ____ ft. fence ____ ft. bases	skinned infield ____ ft. fence ____ ft. bases	skinned infield ____ ft. fence ____ ft. bases	skinned infield ____ ft. fence ____ ft. bases raised mound
Mon	6pm	PeelWee BB (Rahm)	PeelWee BB (Rahm)	Mosquito BB (Rahm)	Mosquito BB (Rahm)	Athletics Mite 06 GRN (MacNeil)	Mosquito BB (Rahm)	PeelWee BB (Rahm)
	7pm							
Tues	6pm	Titans Rookie Mixed (Schuld)	Titans Mosquito Minor GLD (Hall)	Titans Rookie Major GLD (Beneteau)	Athletics Midget 99 (Blokker)	Athletics Mite 06 GOLD (Ward)	Novice/ Bantam SB (TBD)	Titans Bantam Minor (Smith)
	7pm							
Wed	6pm	PeelWee BB (Rahm)	PeelWee BB (Rahm)	Mosquito BB (Rahm)	Mosquito BB (Rahm)	Athletics Mite 06 GRN (MacNeil)	Mosquito BB (Rahm)	PeelWee BB (Rahm)
	7pm							
Thur	6pm	Titans Rookie Minor (Nikosey)	Titans Rookie Major GLD (Beneteau)	Athletics Squirt 04 (Arnold)	Athletics Novice 02 (Scott)	Athletics Squirt 05 (Wharram)	Athletics Mite 06 GOLD (Ward)	Titans PeelWee Major (Paquette)
	7pm							
Fri	6pm	Titans Mosquito Minor Gold (Hall)	Titans Rookie Mixed (Schuld)	Titans Mosquito Minor GRN (Mass)	Titans Rookie Minor (Nikosey)	Athletics Mite 06 GOLD (Ward)	Novice/ Bantam SB (TBD)	Titans Bantam Minor (Smith)
	7pm							
Saturday	9am	Sr. T-Ball (Tramantozzi)	Sr. T-Ball (Tramantozzi)	Little Turtles (Schuld)	Little Turtles (Schuld)	Sr. T-Ball (Tramantozzi)	Sr. T-Ball (Tramantozzi)	Titans PeelWee Minor GLD (Chartrand)
	10am			Little Turtles (Schuld)	Little Turtles (Schuld)			
	11am	Rookie BB (Tramantozzi)	Rookie BB (Tramantozzi)	Mite SB (Kaczmarek)	Mite SB (Kaczmarek)	Jr. T-Ball (Schuld)	Jr. T-Ball (Schuld)	Titans PeelWee Minor GRN (Lawton)
	12pm							
	1pm	Rookie BB (Tramantozzi)	Rookie BB (Tramantozzi)	Titans Mosquito Major GRN (Fazekas)	Grand Valley - Squirt	Jr. T-Ball (Schuld)	Jr. T-Ball (Schuld)	Titans PeelWee Major (Paquette)
	2pm							
	3pm	Titans Rookie Minor (Nikosey)	Titans Mosquito Major GLD (Gibson)	Titans Rookie Major (Beneteau)	Grand Valley - Squirt	Athletics Mite 06 GRN (MacNeil)	Athletics Squirt 05 (Wharram)	Titans PeelWee Major (Paquette)
	4pm							
	5pm	3:30pm - 5:30pm	3:30pm - 5:30pm	3:30pm - 5:30pm				
	6pm	Titans Rookie Mixed (Schuld)	Rookie BB Select (TBD)	Mosquito BB Select (TBD)	Squirt/ Novice Select (TBD)	Mite SB Select (TBD)	T-Ball Select (TBD)	PeelWee Select (TBD)
	7pm							
Sunday	9am	Sr. T-Ball (Tramantozzi)	Sr. T-Ball (Tramantozzi)	Little Turtles (Schuld)	Little Turtles (Schuld)	Sr. T-Ball (Tramantozzi)	Sr. T-Ball (Tramantozzi)	Titans PeelWee Minor GLD (Chartrand)
	10am			Little Turtles (Schuld)	Little Turtles (Schuld)			
	11am	Rookie BB (Tramantozzi)	Rookie BB (Tramantozzi)	Mite SB (Kaczmarek)	Mite SB (Kaczmarek)	Jr. T-Ball (Schuld)	Jr. T-Ball (Schuld)	Titans Bantam Minor (Smith)
	12pm							
	1pm	Rookie BB (Tramantozzi)	Rookie BB (Tramantozzi)	Athletics Midget 99 (Blokker)	Athletics Squirt 04 (Arnold)	Jr. T-Ball (Schuld)	Jr. T-Ball (Schuld)	Titans PeelWee Minor GRN (Lawton)
	2pm							
	3pm	Titans Mosquito Minor GRN (Mass)	Titans Mosquito Minor GLD (Hall)	Athletics Bantam 00 (White)	Athletics Novice 02 (Scott)			Titans PeelWee Major (Paquette)
	4pm							
	5pm	3:30pm - 5:30pm	3:30pm - 5:30pm					
	6pm	Titans Mosquito Major GRN (Fazekas)	Rookie BB Select (TBD)	Mosquito BB Select (TBD)	Squirt/ Novice Select (TBD)	Mite SB Select (TBD)	T-Ball Select (TBD)	PeelWee Select (TBD)
	7pm							

# 2016 Playing Nights

VillaNova 1	VillaNova 2	Vollmer 1	Vollmer 2	Vollmer 3	Vollmer 4	Vollmer 5	Vollmer 6	Vollmer 7	Vollmer 8
grass infield ____ ft. fence ____ ft. bases raised mound	skinned infield ____ ft. fence ____ ft. bases	(Hardball) 90ft. mound ____ ft. fence	(Hardball) 90', mound ____ ft. fence	(Softball) 60ft bases ____ ft. fence	(Softball) 60ft bases ____ ft. fence	60ft, 70ft bases ____ ft. fence	60ft, 70ft bases ____ ft. fence	60ft, 70ft bases ____ ft. fence	60ft, 70ft bases ____ ft. fence
Titans Bantam Major (Todd)	Titans Pee Wee Minor (Chad Larion)	Titans Midget Minor (Nikos ey)	Open	Athletics Novice 03 (Yetman)	Not Available	Not Available	Titans Mosquito Major GLD (Gibs on)	Titans PeelWee Major (Paquette)	Not Available
Titans Midget Major (Gerald)	Titans Mosquito Major GRN (Fazekas)	Not Available	Open	Athletics Bantam 00 (White)	Athletics Novice 02 (Scott)	Titans PeelWee Minor GLD (Chartrand)	RESERVED	Athletics Squirt 05 (Wharram)	Not Available
<b>Windsor Stars (Tony Simone)</b>	Titans PeelWee Minor GRN (Larion)	Titans Midget Minor (Nikos ey)	Titans Bantam Major (Todd)	Athletics Squirt 04 (Arnold)	Athletics Novice 03 (Yetman)	Titans Mosquito Minor GRN (Mas s)	Titans Mosquito Major GLD (Gibs on)	Not Available	Athletics Midget 99 (Blocker)
Titans Midget Major (Gerald)	Titans Mosquito Major GRN (Fazekas)	Not Available	Open	Athletics Bantam 00 (White)	Athletics Novice 03 (Yetman)	Not Available	Not Available	Not Available	Not Available
Open	Titans PeelWee Minor GLD (Chartrand)	Open	Open	Not Available	Not Available	Not Available	Not Available	Not Available	Not Available
Titans Midget Major (Gerald)	Open								
Titans Bantam Major (Todd)	Titans Mosquito Minor GRN (Mas s)								
	Open								
Open	Titans Mosquito Minor Gold (Hall)								
Titans Midget Minor (Nikos ey)	Open								
	Open								
Open	Titans Rookie Mixed (Schuld)								
Open	Titans Pee Wee Major (Paquette)								
Open	Titans Mosquito Major (Gibs on)								
Open	Open								
Open	Open								
Open	Open								

# Baseball Coaching Tips

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## **Icing the Arm: The Melt-away Massage**

The statistics are astounding when arm injuries are discussed in relation to baseball. Poor mechanics are the main culprit, but every precaution should be taken to prevent injury. With that being said, how many youth baseball players ice their arm after pitching in a game? It is difficult because many of the same kids who pitch play another position after finishing their duties on the mound. Here is a tip to assure you ice down your arm after a game that is easy and convenient:

**TIP:** Take a paper cup and fill it with water. Place the cup in the freezer overnight. When you go to your next game, take the frozen cup of ice and place it in a cooler. After the game is over, take the frozen cup out of the cooler and peel off the top layer around the cup to expose the ice. Apply the ice to your shoulder and elbow with a massaging motion. As the ice melts, push it up like a popsicle and continue to rub it over your pitching arm. When the ice melts, the arm has been iced and it will help reduce any inflammation from the day of pitching.

## **Hula Hoop Bunting**

Bunting a baseball is one of the simplest and most important skills in baseball. Many players, however, do not work on this part of the game because they would rather hit away and drive the ball over the fence. Here is a great game to play with kids that will help them focus on bunting the ball properly:

**TIP:** Place different colored hula-hoops down the first and third baseline. Place one color at a spot for a well-placed bunt, and another color at a location that would be acceptable. Designate points for each hula-hoop. When the player goes to bunt, points will be awarded for bunting the ball into the hoop. The ball must come to a stop within the circle for it to count. Players can now compete to be the hula-hoop hero!

## **“Nose Over the Toes”**

Balance is the key to hitting. After swinging at the baseball, many players fall backwards and lose their balance. There are many reasons why this may be occurring, but one trick to help players not fall backwards is keeping their “nose over their toes”.

**TIP:** Most players who fall backwards pull their head and lean back after taking a swing. When you get in your stance, look down and make sure your nose is over your toes and your weight is not on your heels. The feet should be flat, but putting your nose over your toes will shift your weight into a good athletic position...on the toes. Throughout your swing, your nose should stay over your toes and your eyes watching the ball connect with the bat. When the swing is finished, your balance will be perfect and your chances of hitting the ball solid will increase.



# Softball Fastball—Batting Tips

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by Michele Smith, Olympic Gold Medal Pitcher

## 1. CHOOSING THE PROPER BAT.

It is important to swing a bat that is the right length and weight for you. A bat that is too short or too heavy will make it more difficult to hit the ball. To find the right length, stand in the middle of the batter's box and touch the head of the bat on the inside corner of home plate. The handle or the knob of the bat should be somewhere in the middle of the palm of your hand as your arm is angled slightly toward the inside corner. If the knob is down by your fingers, the bat is too short. If the knob is above your wrist, it is too long. To find the right weight, hold the bat out straight with your arm extended at shoulder height. If the bat is too heavy it will be hard to keep it up. Most bats are 8 to 10 ounces less than the length of the bat. So, a 30-inch bat that is "10 ounces less than length" will weigh 20 ounces. (30" -10oz=20oz)

## 2. GRIP.

The proper grip on the bat will have a major impact on your swing. You should try to keep your "knocking knuckles" lined up to get the most out of your swing. The "knocking knuckles" are the ones you use when knocking on a door. If your grip is not lined up correctly, the bat will have a tendency to jump as your wrists try to roll after contact. Keeping the "knocking knuckles" lined up will prevent this and give you a smooth swing from start to finish.

## 3. SETTING YOUR FEET IN THE BATTER'S BOX & YOUR STANCE.

Having the proper stance in the batter's box is necessary to start off the swing. You should enter the batter's box in the middle and make sure that your bat is able to cover all corners of the plate. If you can lean slightly forward and touch the "outside corner" of the plate with the bat head, you are probably in a good area of the box. Your feet should be shoulder width apart, and your weight should be balanced and on the balls of your feet. A slight bend in the knees and waist with the bat resting on your shoulder will keep you relaxed as you wait for the pitcher and umpire to get ready. As the pitcher starts the first movement of her motion, lift the bat from your shoulder keeping your hands close to your body. If your hands get too far from your body, you will lose power in your swing.

## 4. THE STRIDE AS THE PITCH IS COMING.

Now that the pitcher is into her motion, stride out after the ball is released. The direction of the stride should be slightly toward the area in front of home plate, never step over the chalk line of the batter's box or on home plate, as you will be called out. If you step to the pitcher or "in the bucket" it will be hard to hit the outside pitch. Remember to keep your hands back, or still, until after you have strode out. If your hands move forward too early, it will be hard to hit change-ups or off-speed pitches.

## 5. THE SWING.

Once your front foot is on the ground and you have decided the pitch is strike, you should move your hands to the ball. This is where the saying "throw your hands to the ball" comes from. Your hands move to the ball and this will help you get the bat head into the ball at the contact point. The swing should be level and straight into the ball. A swing with a loop in it will produce many pop-ups, which are easy outs.

# Crush

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Hey boys and girls thank you so much for all the email you have sent me! I really enjoy hearing from you. Send me a quick note and let me know how school is going!!

[crush@turtleclubbaseball.com](mailto:crush@turtleclubbaseball.com)

Love,

Crush



Help the baseball player through the cap shaped maze to find his baseball

